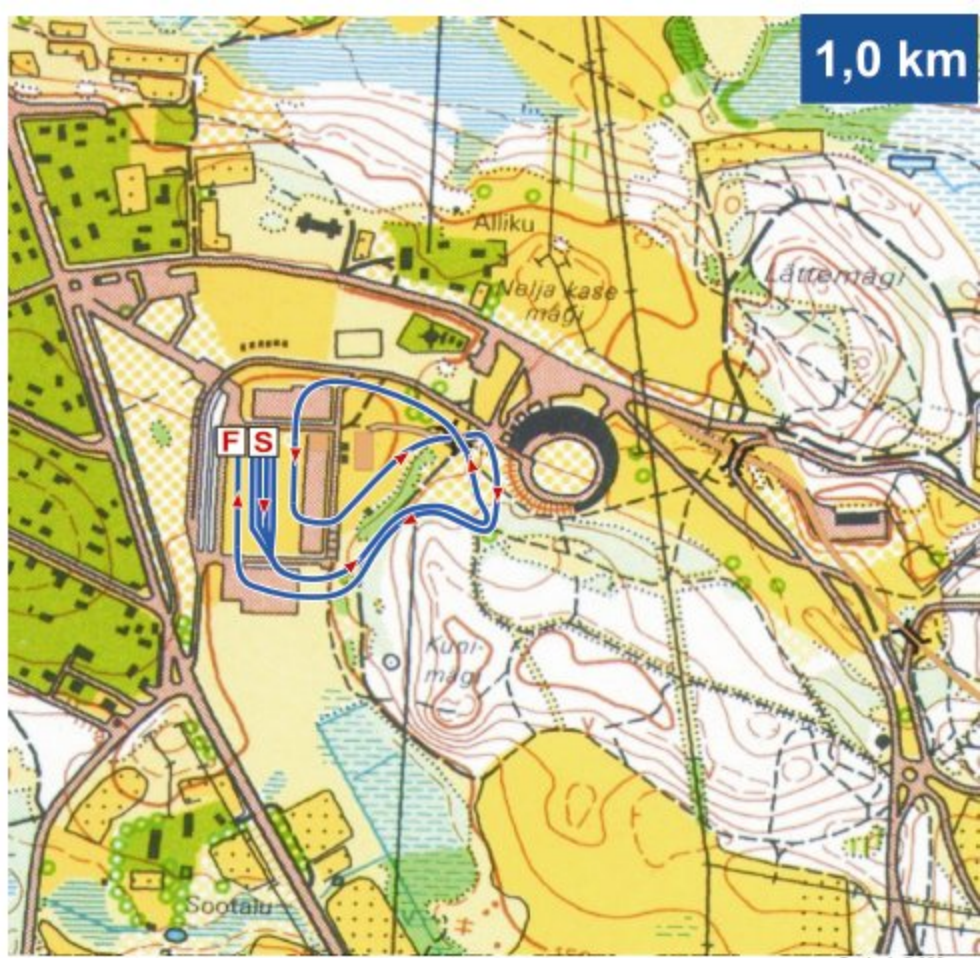


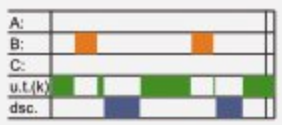
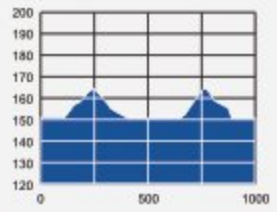
1,0 km



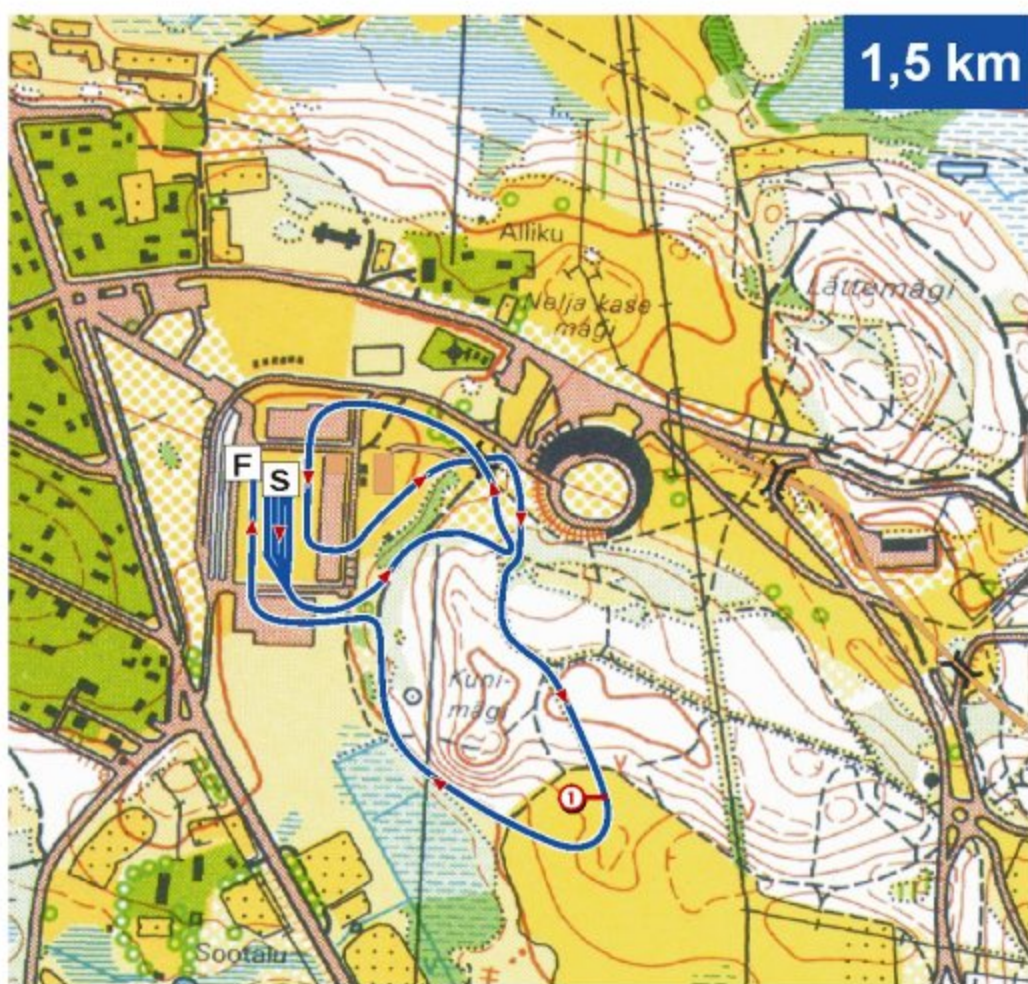
Scale 1: 5 000

# SPRINT

Total Climb	TC	30 m
Height Difference	HD	15 m
Maximum Climb	MC	14 m



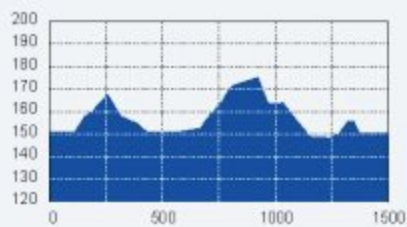
1,5 km



Scale 1 : 5 000

## SPRINT

Total Climb	TC	50 m
Height Difference	HD	29m
Maximum Climb	MC	24 m





**M 15 km**  
3x5 km

Total Climb	TC	579 m
Height Difference	HD	57 m
Maximum Climb	MC	55 m





Scale 1: 10 000

**W 10 km**  
2x5 km

Total Climb	TC	398 m
Height Difference	HD	52 m
Maximum Climb	MC	95 m

